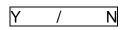
## The 10 Point Knee Referral Form

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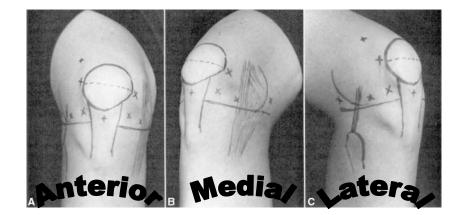
Date of Birth:

Sporting Level (Please tick): Nil	Recreational Competetive	Pro
<b>Symptoms</b> (please tick one or more):	Pain Swelling Stiffness Giving way on pivoting Locking	
Are the symptoms injury related ? :	Y / N	

Does kneeling, climbing stairs or driving long distances make the knee pain worse ?



Please mark the site of maximum pain & / or tenderness on the diagram



## Do your symptoms interfere with sport or activities of daily living or both ? Y / N

/10

Score your knee out of 10 where 0 is the worst and 10 is the best possible ?

**Clinical Impression:**